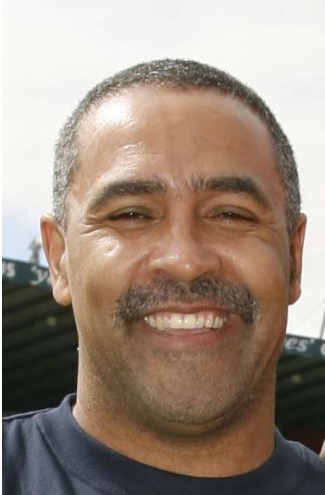


## DALEY THOMPSON



Director of Adventure Boot Camp, Daley was quite simply the world's greatest decathlete. Unbeaten for nine years, he was the first to hold the World, Olympic, Commonwealth and European titles at the same time as well as the world record.

Daley was Olympic champion in 1980 and 1984; World champion in 1983; European champion in 1982 and 1986, and Commonwealth champion in 1978, 1982 and 1986. He also set four world records in the most demanding of multi-discipline events.

Forced to retire from the decathlon through injury in 1992, Daley went on to play professional football. More recently, he has harnessed his matchless drive and enthusiasm to become a leading ambassador lobbying to bring the 2012 Olympics to London.

Daley believes that the combination of challenge, support and inspiration offered by this programme brings a new dimension to training people at all levels of fitness. He says that he is consistently amazed at the commitment of the clients and the results that can be achieved.